SCIENTIFIC LETTER

GIANOTTI-CROSTI SYNDROME-LIKE REACTION SECONDARY TO MOLLUSCUM CONTAGIOSUM

SÍNDROME GIANOTTI-CROSTI LIKE SECUNDARIO A MOLLUSCUM CONTAGIOSUM

Dear Editor

Molluscum contagiosum (MC) is a common skin condition with a prevalence ranging from 5.1% and 11.5% in children aged 0 to 16 years.1 It is characterised by small dome-shaped bumps on the skin with a central white or “waxy” core. They can develop in any region of the skin but tend to spread in areas subject to friction. Although susceptibility to MC varies between individuals, children with chronic skin conditions such as atopic dermatitis are more likely to develop it. Inflammatory reactions are well-known manifestations of MC infection; however, there is a dearth of published data on their frequency, epidemiology and clinical spectrum.

We describe a series of 5 cases in children aged 4 to 10 years (Table 1), 3 of who had a previous diagnosis of atopic dermatitis. They presented to our emergency dermatology department with severely pruritic inflammatory lesions in the elbows and knees with acute onset in the past 48 to 72 hours. The patients did not have fever or any other general symptoms and had not taken any medication before the lesions appeared; however, they all previously consulted a physician due to MC (2 of them received no treatment, 2 were treated with 10% potassium hydroxide and 1 with cantharidin). The physical examination revealed pink-to-red oedematous papules involving the extensor surfaces of the extremities (Fig. 1), in 3 cases restricted to the knees and elbows. The eruption started when MC became inflamed, suggesting a possible association. Treatment consisted of topical or oral corticoids depending on the extent and degree of inflammation of the lesions. After 7 to 15 days of treatment, the lesions disappeared, as did the MC.

Inflammatory reactions secondary to MC infection are poorly studied, but they are common, frequently causing pruritus and pain. In many cases, there is local inflammation that may be mistaken for bacterial superinfection. In individuals with atopic dermatitis, MC lesions tend to appear in eczematous dermatitis areas. Less frequently, affected individuals may develop a severe inflammatory reaction consisting of a pruritic papular exanthem on the elbows and knees and known as Gianotti-Crosti syndrome-like reaction (GCLR).

Table 1: Characteristics of Gianotti-Crosti syndrome-like reactions in our five patients.

<table>
<thead>
<tr>
<th>Patient</th>
<th>Sex</th>
<th>Age</th>
<th>Medical history</th>
<th>Duration of clinical presentation</th>
<th>Areas involved</th>
<th>Treatment</th>
<th>GCLRs and time to resolution of MC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient 1</td>
<td>Female</td>
<td>8</td>
<td>Atopic dermatitis</td>
<td>2 months</td>
<td>Pink oedematous papules</td>
<td>Topical corticoids</td>
<td>2 weeks</td>
</tr>
<tr>
<td>Patient 2</td>
<td>Female</td>
<td>4</td>
<td>Atopic dermatitis</td>
<td>3 weeks</td>
<td>Millimetric papules</td>
<td>Oral corticoids</td>
<td>1 week</td>
</tr>
<tr>
<td>Patient 3</td>
<td>Male</td>
<td>10</td>
<td>None</td>
<td>2 weeks</td>
<td>Reddish oedematous papules</td>
<td>Oral corticoids</td>
<td>1 week</td>
</tr>
<tr>
<td>Patient 4</td>
<td>Male</td>
<td>4</td>
<td>None</td>
<td>1 month</td>
<td>Reddish pink lichenoid papules</td>
<td>Topical corticoids</td>
<td>2 weeks</td>
</tr>
</tbody>
</table>

A recent retrospective study of 696

patients with MC found GCLRs in 34 patients (4.9% of cases): in 23 of them (67.6%) involving exclusively the extensor surfaces of the extremities, and in the remaining 12 (35.3%) restricted to the knees and/or elbows. 5

Gianotti-Crosti syndrome-like reactions are characterised by lichenoid papules around the elbows, knees and buttocks. There is no association between the number of MC lesions and the development of GCLRs. This reaction may be present at the initial visit (50%) or 1 to 2 months after initiation of treatment of MC (38%), independently of the treatment received. In children, Gianotti-Crosti eruptions are usually associated with viral infections (EBV or hepatitis), with development of asymptomatic skin lesions usually preceded by a low-grade fever, sore throat or general discomfort. These patients experience a severe, intensely itchy inflammatory response to MC with development of these characteristic lesions, which in most cases is followed by resolution of MC within days or weeks.

References

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Newborn screening for congenital hypothyroidism: a 13-year observational study

Cribado neonatal de hipotiroidismo congénito: estudio observacional de 13 años

Dear Editor:

Newborn screening is an important method for the early detection and treatment of congenital defects, and it plays a key role in improving children’s health. Many countries consider newborn screening an important national public health programme, and screening for certain diseases is widespread. Newborn screening for detection of congenital hypothyroidism (CH) is performed worldwide since the 1970s and has proven useful for the detection of this disease. We conducted a retrospective study in which we analysed the clinical data corresponding to CH screening for the past 13 years, focusing on the distribution of the results, the optimal cut-off points for definition of positive results, possible associated factors, etc.

A signed informed consent form was obtained for screening of each newborn. The dried blood spot (DBS) samples