

ORIGINAL ARTICLE

Consequences of COVID-19 pandemic over acute bronchiolitis hospitalizations in the center and east of Spain[☆]



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KEYWORDS

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interventions;
Epidemic period;
Pandemic

Abstract

Introduction: Non-pharmaceutical interventions that have been implemented in southern hemisphere countries because of COVID-19 pandemic declaration in March 2020, have evidenced some unexpected changes in the way of spreading of many other viruses. This study as a part of ECEALHBA's Project, reports the consequences of COVID-19 pandemic over 2020–2021 bronchiolitis epidemic period in the Central and Eastern regions of Spain.

Method: Multicenter, observational, descriptive and ambispective study of admitted infants with the diagnosis of bronchiolitis in 16 Spanish hospitals involved in the investigation project. Five epidemic periods previous to COVID-19 pandemic, from 2015 to 2020, were compared with the current one, 2020–2021, in both a qualitative and quantitative manner.

Results: Total of 4643 infants were admitted to the participating hospitals along the study period. Pandemic season hospital admissions for bronchiolitis were 94.1% lower than in pre-pandemic period. December and January were peak months for bronchiolitis admissions during pre-pandemic period, but September was the peak month during pandemic year. There was a progressive decrease of admissions from this moment until the end of the follow-up, in April 2021. Rhinovirus has been the commonest etiology for bronchiolitis in 2020–2021 epidemic period of bronchiolitis.

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¹ Appendix A lists the members of the ECEALHBA Project Research Group.

PALABRAS CLAVE

COVID-19;
Bronquiolitis;
Intervenciones no
farmacológicas;
Temporada
epidémica;
Pandemia

Conclusions: Some of the non-pharmaceutical interventions initiated because of COVID-19 pandemic are probably related to the dramatic decrease of bronchiolitis cases in 2020–2021 season. It would be rewarding to purpose novel research to clarify how these simple interventions can be useful, close to vaccines and antiviral drugs, to achieve the goal of avoiding the spread of respiratory viruses in pediatric population.

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Pandemia por COVID-19 y su repercusión sobre las hospitalizaciones por bronquiolitis en el Centro y Este de España

Resumen

Introducción: Las intervenciones no farmacológicas puestas en marcha en territorios del hemisferio sur tras la declaración de la pandemia por COVID-19 en marzo de 2020, han puesto de manifiesto toda una serie de cambios inesperados en la propagación de otros virus. Dentro del proyecto Estudio Colaborativo Español para la Atención de Lactantes Hospitalizados por Bronquiolitis Aguda (ECEALHBA) presentamos este estudio cuyo objetivo ha sido constatar las repercusiones de la pandemia sobre la temporada epidémica de bronquiolitis de 2020 a 2021 en el centro y este de España.

Material y métodos: Estudio multicéntrico, observacional, descriptivo y ambispectivo de una muestra de lactantes ingresados por bronquiolitis aguda en alguno de los 16 hospitales españoles participantes en la investigación. Se compararon desde el punto de vista cualitativo y cuantitativo las cinco temporadas epidémicas previas a la pandemia, de 2015 a 2020, con la última de 2020 a 2021.

Resultados: Un total de 4.643 lactantes ingresaron en alguno de los hospitales participantes durante el periodo de estudio. Se describe un descenso porcentual de ingresos del 94,1% entre el periodo previo y la temporada epidémica coincidente con la pandemia. Septiembre pasó a ser el mes pico de ingresos en lugar de diciembre y enero como era habitual, con un descenso progresivo de los ingresos a partir de ese momento hasta el final del seguimiento en abril de 2021. El rinovirus, de forma atípica, ha sido el agente responsable de la mayoría de las bronquiolitis en esta última temporada de 2020 a 2021.

Conclusiones: Las intervenciones no farmacológicas puestas en marcha como consecuencia de la COVID-19 han hecho desaparecer de su ubicación cronológica habitual la temporada epidémica de bronquiolitis aguda de 2020 a 2021. Cabe plantearse investigaciones específicas para dilucidar el lugar que ocupan estas medidas junto a las vacunas y fármacos antivirales para el control de las infecciones respiratorias de etiología viral en la población pediátrica.

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Introduction

At the end of 2019, cases of pneumonia caused by a yet unknown virus were detected in patients in Wuhan, China.¹ At the time, nobody knew the outbreak was to become a global health disaster with important public health, social and economic repercussions. On March 11, 2020, the World Health Organization officially declared the epidemic of novel coronavirus disease (COVID-19) caused by SARS-CoV-2 a pandemic. This was around the time that nations in the southern hemisphere were preparing for the winter season of viral infectious diseases, between the months of June and August, in which the most important pathogens tend to be respiratory syncytial virus (RSV) and influenza viruses.² A concurrence of these and other viruses was expected that could overwhelm national health systems.² However,

the collapse was not brought by the expected source, but instead was due exclusively to SARS-CoV-2, causing a global pandemic in the midst of which all other viruses, including RSV, the main virus responsible for acute bronchiolitis (AB), played a negligible role.^{2–4}

In clinical terms, AB is defined as a first episode of wheezing preceded by cold symptoms in children aged less than 2 years, and it is the most frequent reason for hospital admission in infants aged up to 12 months of age.⁵ Respiratory syncytial virus is the causative agent in more than half of the cases of AB, although other virus, such as rhinovirus, bocavirus, adenovirus, metapneumovirus, influenza and parainfluenzavirus, enterovirus and coronavirus⁶ (probably in that order of frequency^{7,8}) can also cause it.⁹ In countries with a temperate climate in the northern hemisphere, such as Spain, the incidence of AB exhibits seasonal

peaks in the form of annual outbreaks between October and April of the following year, with the bulk of related hospital admissions clustering between December and February, resulting in an increased demand for health care services and sometimes saturating inpatient neonatal and infant care units.¹⁰

Since March 2020, the COVID-19 pandemic has led to the adoption at the population level of nonpharmacological preventive interventions, such as hand hygiene, the use of face masks and different restrictions on free movement with the aim of containing the spread of the virus.¹¹ These public health measures, implemented continuously and for an extended period of time, have achieved a decrease not only in infectious communicable diseases typically found in the paediatric population,^{12–16} but also in hospital admissions and the use of health care resources by the general paediatric population,^{17–19} while changes have also been made to the way that care is delivered.²⁰ Independently, before all of this took place, in January 2019 a group of Spanish paediatricians thought of conducting a collaborative study to assess differences between hospitals in the care provided to infants admitted to hospital with a diagnosis of AB. This idea came to fruition during 2019 with the development of a research project known as ECEALHBA (Appendix A). The first study within this project aimed at providing a qualitative and quantitative description of AB seasons in terms of related hospital admissions from 2015 to 2020 and comparing them with the 2020–2021 season in the context of COVID-19 to assess the impact of the pandemic on the 2020–2021 AB epidemic season.

Material and methods

Study design and universe

We conducted a prospective and retrospective multicentre, observational and descriptive study in a sample of infants aged up to 12 months admitted due to AB to any of the 16 hospitals that participate in the ECEALHBA project.

Sample selection, inclusion and exclusion criteria

We sent a memorandum with an invitation to participate in the project to all public hospitals in the regions of Castilla La Mancha and the Valencian Community. For the period between September 1, 2020 and April 15, 2021, we included prospectively every infant admitted with a diagnosis of AB based on the McConnochie criteria²¹ adapted for age. We chose April 15, 2021 as the date to end data collection because based on the published data for the month of April of different years, epidemic seasons are practically over by this date. For the period ranging from September 1, 2015 to August 31, 2020, which encompasses 5 AB seasons, we included retrospectively all infants with a discharge diagnosis of AB, documented with International Classification of Diseases (ICD) codes 466.11 or 466.19 (ICD-9) or J21.0, J21.8 or J21.9 (ICD-10), with no other restrictions or exclusion criteria.

Data collection

We collected data for the same variables for the entire period under study. In the retrospective phase, we retrieved anonymised data by sending a request to the Health Records Coding Unit and the Department of Microbiology of each participating hospital. The data for each participating hospital was collected in an Excel spreadsheet and transferred in the form of anonymised aggregated data to the coordinating hospital that was responsible for the global analysis of the data. In the prospective phase, data were collected in a form designed for the purpose after obtaining informed consent for the inclusion of each patient. The variables under study were: number of patients admitted due to AB, date of birth, date of admission, date of discharge, sex, age, nationality, length of stay (LOS), RSV testing and need of admission to the intensive care unit (ICU). When it came to the aetiology of AB, and only in the prospective phase of the study, we analysed whether other diagnostic tests had been done to try to identify the virus that caused AB in patients with negative RSV test results.

Statistical analysis

We have summarised qualitative variables as absolute frequencies and percentages of the total. We summarised quantitative variables as mean and standard deviation (SD) if they followed a normal distribution, and otherwise as median and interquartile range (IQR). The statistical analysis was performed with the software SPSS for Windows, version 21.0 (SPSS Inc, Chicago, IL, USA).

Ethical considerations

The study, in the framework of the ECEALHBA project, was approved by the ethics committees of the coordinating hos-

Table 1 Main characteristics of the patients included in the study (N = 4643).

Female sex, 1936 (41.7%)
Spanish citizenship, 3900 (84.6%)
Age group distribution
Neonate, 539 (11.6%)
Infant ≤ 3 months, 2214 (47.7%)
Infant/toddler > 3 months, 1889 (40.7%)
Median age, 2.4 months (IQR, 1.4–4.5)
LOS interval distribution
≤1 day, 358 (7.7%)
2–3 days, 1687 (36.3%)
4–7 days, 2070 (44.6%)
>7 days, 527 (11.4%)
Mean LOS, 4.4 days (SD, 2.7)
RSV+, 2849 (64.1%)*
ICU admission, 367 (7.9%)

ICU, intensive care unit; IQR, interquartile range; LOS, length of stay; RSV, respiratory syncytial virus; SD, standard deviation.

* RSV test performed in 4442 patients (95.6% of the total sample).

Table 2 Characteristics of participating hospitals

Hospital	TCP	TPCP	Annual births	DP (BW/WG)	Inf/Tod admissions/year	Paed. and inf. beds	NB beds	NICU incubators	PICU beds	Paediatricians on staff	Paediatrics residents
H. de Tomelloso	62 353	8520	405	2000/36	96	6	–	–	–	4	–
H. de Puertollano	70 578	9178	270*	2000/36	76	6	2	–	–	5	–
H. de Manzanares	41 671	5594	342	No threshold/35	98	9	3	–	–	5	–
H. G. de Albacete	273 000	35 981	1769	No threshold	320	18	18	6	3	24,5**	16
H. de Villarrobledo	61 019	7447	372	1900/35	68	6	2	–	–	5	–
H. de Cuenca	135 541	16 619	672	1500/32	179	16	7	–	–	9	–
H. de Sagunto	151 394	21 846	654	2000/35	140	14	4	–	–	7	–
H. de Xàtiva	194 799	26 165	926	1500/32	182	20	7	–	–	8	4
H. de La Ribera	246 264	34 937	1362	1500/34	–	24	14	–	–	14	8
H. de Gandía	177 464	27 300	1091	1500/32	236	18	6	–	–	9	8
H. G. de Castellón	284 183	40 071	1339	No threshold	443	34	18	8	4	21	16
H. de La Plana	187 616	28 452	1225	1500/34	231	9	6	–	–	8	–
H. de Vinarós	90 364	13 073	476	2000/35	204	8	6	–	–	6	–
H. G. de Alicante	274 913	41 587	2037	No threshold	538	42	32	12	5	43	24
H. de Alcoy	136 081	18 581	917	1500/32	96	11	6	1	–	8	4
H. Dr. Peset	277 280	37 896	1132	32	262	22	10	–	–	13	4
Total	2664 520	373 247	14 989	–	3169	263	141	27	12	191	82
Mean or range	166 533	23 328	937	–	211	6–42	2–32	1–12	3–12	4–43	2–24

BW, birth weight; DP, degree of prematurity; H., Hospital; H.G., Hospital General; paed, paediatric; NB, newborn; NICU, neonatal intensive care unit; PICU, paediatric intensive care unit; TCP, total catchment population (number of individual health cards assigned to hospital); TPCP, total paediatric catchment population (number of paediatric individual health cards assigned to hospital); Inf/Tod, infant/toddler; WG, weeks of gestation.

Degree of prematurity (DP): weight and gestational age thresholds above which newborn infants are admitted for care and treatment in the corresponding hospital.

Paediatric individual health card: public health care system card of patients aged 0 to 14 years + 364 days as of December 31, 2020.

Birth frequencies refer to year 2020.

Infant/toddler admissions: admission of patients aged 24 months or less, excluding neonates (birth to day 27 post birth); data for 2019.

An isolated hyphen as the sole content of a cell means that the variable does not apply to the hospital (does not exist in hospital or does not make sense to apply to hospital) or that data could not be collected.

* This hospital did not manage child births between March and May 2020, which were referred to the Hospital de Ciudad Real.

** One of the paediatricians is employed on a half-time basis.

pital and the rest of participating hospitals. Every process related to the collection, transfer and analysis of data and any other circumstance requiring interaction with the family or the patient for the purpose of the study adhered to the principles of the Declaration of Helsinki and Organic Law 3/2018 of December 5 on the Protection of Personal Data and Guarantee of Digital Rights, and we obtained informed consent of the parents or legal guardians of patients for their participation in the study and for accessing, if needed for research purposes, health records of the patient.

Results

A total of 4643 infants were admitted to any of the 16 hospitals in the 6 epidemic seasons under study. The predominant profile was an infant of male sex and Spanish nationality, aged 3 months or younger, hospitalised for 4 to 7 days without requiring admission to the ICU, and the most frequent causative agent of the viral illness was RSV, as can be seen in Table 1. Most of the participating hospitals are of small to medium size and do not have an ICU. Together, participating hospitals serve a total catchment population of 2 664 520 inhabitants, of who 373 247 (14.0%) are children aged 0 to 14 years (both included). These hospitals manage a mean of 937 childbirths and 211 infant admissions a year, and their staff includes 4 (smallest hospital) to 43 (largest hospital) paediatricians. Table 2 presents a detailed breakdown of indicators allowing comparison of the participating hospitals.

Between September 1, 2015 and April 15, 2020, a period encompassing 5 epidemic seasons, with these specific date limits established for data collection to allow correct comparison, the overall frequency of hospital admission due to AB was 4436, with an average of 887.2 admissions per season, compared to only 52 admissions in the same interval in the 2020–2021 season. This corresponds to a 94.1% decrease in admissions. Looking at the total admissions from September of one year through August of the following year, in 4 of the 5 seasons before the pandemic the number of admissions ranged from nearly 900 to slightly over 1000 per season. However, in the 2019–2020 season before the pandemic, the number of admissions dropped substantially to 767. The descent can be explained by the decrease in the number of admissions due to AB from March 2020. Fig. 1 and Table 3 illustrate these temporal trends. In the 5 seasons preceding the pandemic, admissions peaked in December or January, and the months when the season started and ended in most seasons were November and April or May, respectively, with the exception, once again, of the 2019–2020 season, which ended in March with only 38 admissions. The 2020–2021 season differed significantly, with admissions peaking in September and a gradual decline through December, with a resurgence in January 2021 that decreased again to 3 admissions in February, 2 in March and 4 in April (through the 15th). Fig. 1 provides a graphic representation of these data.

In the period before the pandemic, RSV was responsible for 73.0% of cases of AB that required admission between November and February in which tests were performed for aetiological diagnosis, while during the rest of the year RSV was only responsible for 26.5% of cases of AB. In contrast, in the 2020–2021 season, of the 50 cases out of 52 in which

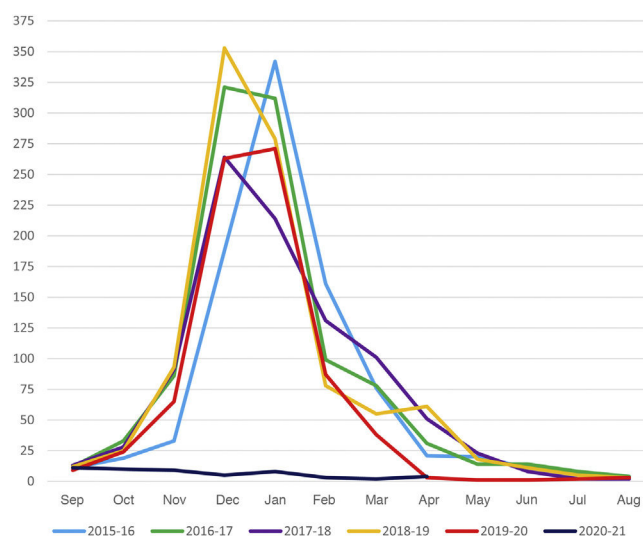


Figure 1 Total admissions in participating hospitals per month and epidemic season.

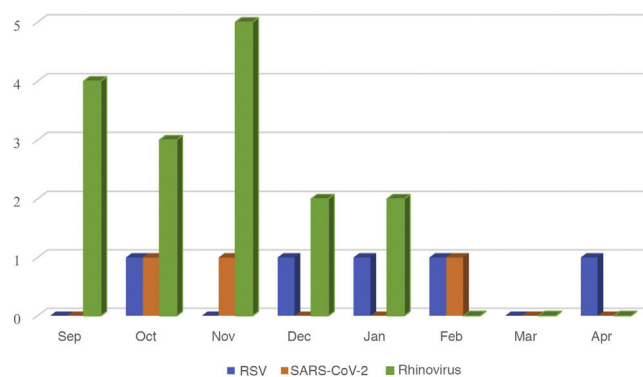


Figure 2 Aetiology of bronchiolitis requiring admission from September 2020 to April 2021. The figure only shows the 24 cases with a known aetiology out of the total 52 cases. Testing for RSV, SARS-CoV-2 and rhinovirus was performed in 50, 51 and 18 cases, respectively, out of the total of 52.

RSV testing was performed, only 5 (10%) turned out positive. Testing for detection of SARS-CoV-2 was performed in 51 of the 52 patients and was positive in 3 (5.9%). Only 18 of the 52 total patients with AB underwent testing for detection of rhinovirus. Sixteen of the 18 patients (88.8%) tested positive. There were no detected cases of viral coinfection. Thus, 24 cases of AB were positive for one of these 3 viruses and the most frequently involved was rhinovirus, detected in 16 of these cases (66.6%). Fig. 2 provides a graphical representation of admissions per hospital and season based on RSV testing and results.

Discussion

Expectations based on the trends observed in the southern hemisphere turned out to be accurate, as evinced by the findings of our study. The nonpharmacological interventions implemented to contain the COVID-19 pandemic were at least partly responsible for the containment of RSV, all but

Table 3 Cases of acute bronchiolitis requiring admission by hospital and epidemic season.

Centre/season	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	Total
H. de Tomelloso	26 (8/16/2)	17 (8/4/5)	26 (12/10/4)	13 (6/6/1)	27 (15/12/0)	7 (1/6/0)	116 (50/54/12)
H. de Puertollano	21 (11/10/0)	25 (18/7/0)	23 (7/16/0)	26 (13/13/0)	11 (7/4/0)	0 (0/0/0)	106 (56/50/0)
H. de Manzanares	23 (8/12/3)	28 (10/16/2)	31 (10/21/0)	20 (9/9/2)	28 (18/10/0)	0 (0/0/0)	130 (55/68/7)
H. G. de Albacete	63 (44/19/0)	99 (68/31/0)	97 (62/35/0)	100 (72/28/0)	77 (63/14/0)	5 (0/5/0)	441 (309/132/0)
H. de Villarrobledo	10 (7/3/0)	16 (13/3/0)	20 (14/5/1)	21 (13/7/1)	5 (4/1/0)	0 (0/0/0)	72 (51/19/2)
H. de Cuenca	17 (10/6/1)	29 (9/17/3)	35 (11/16/8)	24 (11/9/4)	21 (2/2/17)	4 (0/4/0)	130 (43/54/33)
H. de Sagunto	18 (7/3/8)	54 (31/19/4)	32 (25/5/2)	45 (26/18/1)	28 (21/6/1)	4 (1/3/0)	181 (111/54/16)
H. de Xàtiva	41 (28/10/3)	48 (39/7/2)	46 (35/10/1)	58 (42/12/4)	40 (33/7/0)	2 (0/2/0)	235 (177/48/10)
H. de La Ribera	132 (69/62/1)	140 (79/59/2)	93 (46/47/0)	136 (98/38/0)	101 (73/25/3)	6 (2/2/2)	608 (367/233/8)
H. de Gandía	43 (21/20/2)	41 (26/15/0)	42 (18/23/1)	63 (36/25/2)	50 (39/11/0)	2 (1/1/0)	241 (141/95/5)
H. G. de Castellón	140 (91/47/2)	139 (96/42/1)	131 (95/36/0)	119 (99/19/1)	95 (67/27/1)	7 (0/7/0)	631 (448/178/5)
H. La Plana	77 (59/16/2)	94 (54/38/2)	71 (40/27/4)	72 (55/16/1)	49 (40/9/0)	2 (0/2/0)	365 (248/108/9)
H. de Vinarós	41 (5/2/34)	48 (12/16/20)	27 (11/12/4)	42 (15/13/14)	32 (23/9/0)	2 (0/2/0)	192 (66/54/72)
H. G. de Alicante	175 (66/102/7)	177 (105/72/0)	157 (114/42/1)	176 (128/43/5)	130 (101/29/0)	6 (0/6/0)	821 (514/294/13)
H. de Alcoy	22 (19/2/1)	17 (12/2/3)	19 (13/4/2)	27 (17/7/3)	20 (15/5/0)	1 (0/1/0)	106 (76/21/9)
H. Dr. Peset	42 (21/21/0)	40 (23/17/0)	78 (44/34/0)	51 (21/30/0)	53 (28/25/0)	4 (0/4/0)	268 (137/131/0)
Totals	891 (474/351/66)	1.012 (603/365/44)	928 (557/343/28)	993 (661/293/39)	767 (549/196/22)	52 (5/45/2)	4.643 (2.849/1.593/201)

H., Hospital; H.G., Hospital General.

The results in each cell refer to total cases per hospital per season: (RSV + cases/RSV-cases/cases without RSV testing).

eliminating the expected AB outbreak in the 2020–2021 season in Spain. There have also been other reports in areas of the northern hemisphere, including Spain, describing a sharp decline in paediatric health care resources in general,^{17,22–26} and specifically in the demand for health care for management of communicable diseases of a viral aetiology, such as AB, acute otitis media, common cold, laryngitis, influenza, pneumonia, gastroenteritis and asthma exacerbations,^{22–25} but not for other infectious but noncommunicable diseases, such as skin or urinary tract infections.²³

In the literature focused specifically on the European continent and the impact of the COVID-19 pandemic on AB, we have only found 2 studies with similar findings.^{27,28} Their authors described decreases in the frequency of admission due to AB of 92.5%²⁷ and 82.5%,²⁸ similar to the 94.1% decrease observed in our study, although of lesser magnitude. Due to the early cessation of data collection in those 2 studies (on the 4th week of December 2020), while the authors reported that the peak in admissions due to AB had not started as expected,^{27,28} they could only speculate whether the 2020–2021 AB outbreak was going to be delayed or, on the contrary, was going to disappear or at least shift from its usual position in the calendar between October of one year and April of the following year. Since we continued the collection of admissions data through April 2021, we can assert that the 2020–2021 AB season did not take place in the expected time frame.

The likely explanation to our findings has already been described in other studies going back several decades²⁹ and warrants a reflection on the potential benefits of the correct implementation at the population level of nonpharmacological interventions in terms of health care efficiency and public health. These benefits would include a reduction of lost workdays for parents, childcare workers and businesses and corporations and of morbidity and mortality in vulnerable individuals, avoiding crowding in emergency departments and the need for adding third beds in inpatient units, and disease prevention in the general population, all of which could, if handled correctly, make our health care system more efficient in future epidemic seasons. On the other hand, the implementation of these interventions may increase in the susceptibility of the population to other infectious agents, which could give rise to more severe and prolonged outbreaks in the future, possibly outside the expected time frame.³⁰ We also need to take into account the impact of restrictive measures on the mental health of children, adolescents³¹ and parents,³² which calls for correct management and implementation of these measures in the general population.

In the last epidemic season documented in our study, RSV all but disappeared as a causative agent of AB, with a concurrent emergence of rhinovirus. The latter was the causative agent in 16 of the 24 cases of AB of known aetiology, corresponding to 66.6% of cases, even though testing for rhinovirus was only performed in 18 of the total 52 cases of AB. The proportion of cases of rhinovirus among cases of AB requiring hospital admission followed a pattern reminiscent of RSV in previous epidemic seasons. This had not been described before and is a striking phenomenon given that previous studies consider it only the second leading cause of AB following RSV, accounting for less than 20% of cases.⁸ It is known that rhinovirus is viable in the com-

munity throughout the year and causes outbreaks in spring and autumn. Rhinovirus does not have a lipid bilayer envelope, unlike RSV and coronavirus, so handwashing may be less effective in preventing colonization of the host compared to these other viruses.³ There is also evidence that interaction of rhinovirus with other viruses, such as influenza virus or even SARS-CoV-2, could impair replication of these viruses by triggering interferon secretion by host respiratory epithelial cells.³³ These and other factors could explain why the implemented measures achieved containment of RSV and SARS-CoV-2 transmission with the opposite effect on rhinovirus.

We ought to comment on the new developments and reports that have emerged in the southern hemisphere after the lifting of COVID-19-related restrictions. For instance, in South New Wales, Australia, there has been a resurgence in cases of AB associated with an increase in the circulation of RSV that started in October 2020 and continued through at least January 2021, which corresponds to the summer months in this area of the world.³⁴ A similar phenomenon could also take place in countries in the northern hemisphere, like Spain, which would confirm that the outbreak of AB caused by RSV was not eliminated, but delayed.

Collection of longitudinal data starting from April 2021 in a multicentre, collaborative study with a long-term follow-up would allow us to draw conclusions on this subject.

Our study evinces the temporal association between the implementation of measures like hand hygiene, the use of face masks and the isolation of infected individuals with the aim of containing the spread of SARS-CoV-2 and the decreased spread of RSV in the population of 2 autonomous communities in Spain. In light of these findings, we propose performance of studies specifically aimed at establishing with greater precision the role that these measures could play in combination with vaccination and antiviral drugs in the approach of the health care system to not only future pandemics, but also the annual outbreaks caused by other viruses, such as RSV, influenza virus, parainfluenza virus and rhinovirus.

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Conflicts of interest

The authors have no conflicts of interest to declare.

Appendix A. MEMBERS OF THE ECEALHBA PROJECT RESEARCH GROUP

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Appendix B. Supplementary data

Supplementary material related to this article can be found, in the online version, at doi:<https://doi.org/10.1016/j.anpede.2021.06.006>.

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